



Trip Information Packet
Dominican Republic
Kansas Athletics
May 21-29, 2024





Welcome to Courts for Kids. Most likely, this is your first trip with our organization and we are confident that this trip will impact you in ways you cannot even imagine. We work closely with our in-country partner to make sure your basic needs are met, so we can all focus on the task at hand, creating a multi-purpose sports court with the initiative, help and support of the community.

A sports court is a great project because it requires the help of many community members, provides plenty of work for everyone, and becomes an asset that provides not only safe places for children to play, but also various other benefits. The hard work of our team will be a great bridge between us and the community and we will develop a mutual respect that will help provide inroads into a rich cross-cultural experience and first-hand insight into a developing world community.

We are looking for great cultural ambassadors, so please only sign up for this trip if you are willing to step outside of your comfort zone. You will need to work hard, you will be eating different foods, sleeping and bathing in less comfortable environments. But, as they say, if you want to live like you're in America, why leave?

Most importantly, we ask that you enter into this with a great sense of humility. We want you to be eager to learn and grow in this process as we are entering into a different culture with different values and norms. We want you be quick to listen and slow to speak.

We will not be giving you a detailed itinerary as things are very prone to change with this sort of construction project. But your time will be spent working on the court, taking part in various cultural activities and, most importantly, connecting with the locals.

Please look through this informational packet and feel free to contact us with any questions you may have.

If you choose to go, I can almost guarantee you will look back on this trip as a life-changing experience. You will grow so much in a week it will make you wish you could stay longer. In fact, you will probably say this was the best week of your year.

Hope you can come!

Derek Nesland
President
Courts for Kids

Community Information

The Municipal District of **Guayabal** has an estimated population of approximately 3,000 inhabitants in 550 houses. The name of the Municipal District of Guayabal comes from a type of tree called the Indian guava, very abundant in the area in 1870, the date on which the first settlers began to arrive in search of better places that would guarantee them permanent food and a geographical area suitable for raising cattle and goats. The first settlers were from neighboring communities such as Postrer Rio, Los Ríos, La Descubierta, Villa Jaragua or Barbacoa and Neyba. In 1978, the first school space was inaugurated, followed by a series of priority infrastructure works such as electric lighting in 1983, the rural or polyclinic clinic in 1984, the aqueduct in 1994, the Dr. José Francisco Peña Middle School in 2003, among others. The Guayabal community was erected as a Municipal District in 1998.



In its beginnings the economy was characterized by raising cattle. With the construction of an irrigation canal in 1976, agriculture began to predominate, producing various food items such as cassava, plantain, corn, beans, bananas, coffee, celery stock, pigeon peas, among others. Apart from livestock and agriculture, the economy is based on the government train, remittances, and micro-businesses, such as bars and grocery stores.

The area offers family and individual recreation and leisure spaces such as the municipal swimming pool and the landscaping of mountains and the river. Religion is also very important to the community as the Catholic religion is mainly practiced, although in recent years the religious community has grown with evangelical denominations such as the Assembly of God and the International Movement.



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Your group will be met at the airport by the Courts for Kids Dominican Republic Country Director who lives in the Dominican Republic and has been working closely with the community to plan all aspects of your visit. We will be staying in a community building sleeping on mattresses on the floor. The court will also be built at the school and will be used by the entire community.

Many times it will be a place where the community will gather to dance and hold celebrations and ceremonies. We will work side-by-side with the locals and although it will be challenging there are jobs for everyone of every physical capacity. During the whole trip we will be fully immersed in the local culture eating authentic food, learning local traditions, customs, and way of life. It is important to note that this court will be built with the community not for the community. The community members are very motivated to make their court a reality and from the beginning, they have been the driving factor planning this project to see it come to fruition.

*More specific lodging, packing, and trip logistics will be provided as the departure date gets closer.

**Please note, the destination community is subject to change at the discretion of Courts for Kids in order to best meet the needs and safety of the volunteer group as well as the needs of the host community.



Trip Safety

Courts for Kids makes your safety our number one priority. Being in a safe, tight knit community with strong awareness and ownership of the project will provide local people who will be personally invested in the safety of the team. Courts for Kids also has safety protocols in place that include, but are not limited to:

- A **Courts for Kids representative will lead the group** while in the destination country.
- We always contract **private transportation** to pick up and return the group to the in-country airport.
- We have a **strict behavior and conduct policy** for all trip participants which promotes the safety and security of the group. All participants are required to attend a **mandatory training**.
- We have **secure transportation** available to medical facilities in the case of any injuries.
- We will have a **first aid kit** with the group at all times.
- We only drink **clean, potable water**.
- We work with community cooks to adhere to our **Safe Cooking Practices**.
- We monitor the **US State Department** travel warnings and make travel adjustments as deemed necessary.
- We do not allow cell phones**; we require all volunteers (except staff/chaperones) to be disconnected for the entirety of the time spent in the community.
- Insurance coverage** for all trip participants that includes evacuation with a medical escort in a worst case situation. Policy details can be provided upon request.
- Courts for Kids may conduct a **behavioral background check** through a student's school and reserves the right to refuse a participant based on the information we receive.

Safety is a team effort and every trip participant is responsible for their behavior, must use common sense while traveling, and comply with Courts for Kids representatives and trip leaders at all times.

Flight Itinerary

American Flight Itinerary*

(Award points cannot be used)

Date	Fl. #	Airport	Dep.	Airport	Arrival
May 21	1255	Kansas City	5:10am	Miami	9:20am
May 21	1574	Miami	3:35pm	Santo Domingo	5:56pm
May 29	1154	Santo Domingo	4:55pm	Miami	7:17pm
May 29	1397	Miami	9:00pm	Kansas City	11:22pm

You are eligible for frequent flier miles on American. To enroll go to www.aa.com

*Flights and carrier are subject to change

Trip Checklist

1. **Registration:** The application process is facilitated by Kansas Athletics. Once approved, you will register online at www.courtsforkids.org (detailed instructions to be provided later).
2. **Passport:** Make sure you have a passport that will not expire before **November 21, 2024**. If you need a passport, go to the nearest post office for assistance. **In order to avoid the headache and stress, make sure you get your passport on time, do it ASAP.**
3. **Vaccinations:** The recommended vaccinations for travel to The Dominican Republic according to the Center for Disease Control are the following (**keep in mind these are recommended, not required. Check with your local doctor and make the decision best for you**):
 - a. Routine (DPT, MMR, Polio, Chickenpox, Flu, Shingles)
 - b. COVID-19
 - c. Hepatitis A and B
 - d. Typhoid
4. Attend a **mandatory Courts for Kids pre-trip training, dates TBD, in the spring**. At this meeting, you will go through the Courts for Kids training, receive a packing list and detail packet with more specific information.

Questions?

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