



**Trip Information Packet**  
**Guatemala**  
**University of Washington**  
**June 7-16, 2024**





Welcome to Courts for Kids. Most likely, this is your first trip with our organization and we are confident that this trip will impact you in ways you cannot even imagine. We work closely with our in-country partner to make sure your basic needs are met, so we can all focus on the task at hand, creating a multi-purpose sports court with the initiative, help and support of the community.

A sports court is a great project because it requires the help of many community members, provides plenty of work for everyone, and becomes an asset that provides not only safe places for children to play, but also various other benefits. The hard work of our team will be a great bridge between us and the community and we will develop a mutual respect that will help provide inroads into a rich cross-cultural experience and first-hand insight into a developing world community.

We are looking for great cultural ambassadors, so please only sign up for this trip if you are willing to step outside of your comfort zone. You will need to work hard, you will be eating different foods, sleeping and bathing in less comfortable environments. But, as they say, if you want to live like you're in America, why leave?

Most importantly, we ask that you enter into this with a great sense of humility. We want you to be eager to learn and grow in this process as we are entering into a different culture with different values and norms. We want you be quick to listen and slow to speak.

We will not be giving you a detailed itinerary as things are very prone to change with this sort of construction project. But your time will be spent working on the court, taking part in various cultural activities and, most importantly, connecting with the locals.

Please look through this informational packet and feel free to contact us with any questions you may have.

If you choose to go, I can almost guarantee you will look back on this trip as a life-changing experience. You will grow so much in a week it will make you wish you could stay longer. In fact, you will probably say this was the best week of your year.

Hope you can come!

Derek Nesland  
President  
Courts for Kids

# Community Information



You will be traveling to Chuilacruz, a small town which is part of the municipality of Santa Maria Chiquimula in the department of Totonicapan. The region is one of the most undeveloped regions in terms of education in Guatemala. The population of the community is an indigenous, Mayan culture of the K'iche' ethnic group and 100% of its inhabitants speak the mother tongue which is K'iche' while many also speak Spanish. The community has 100 houses and 95% of the houses are made of mud bricks. It has a public school, a Catholic church, and 4 evangelical churches. The name Chuilacruz comes from K'iche and means in front of the cross. The population of the community is heir to the rich Mayan culture, which is reflected in their daily practices. It is a very respectful community to-

wards its neighbors, conservative and still with a lot of respect towards its elders.

This community is mainly dedicated to agriculture, among its crops are corn, zucchini, cilantro, radish, carrots and spinach. Of the crops mentioned, corn is mainly for own consumption since it is the most important crop for the people of the community.



One of the interesting facts about this community is that at school the children have a savings system run by the school children themselves where every Tuesday they make deposits and at the end of the year the savings are returned, but 10% of the amount saved is intended for any emergency that a child and their family may have.

This community is located at an elevation of 2,200 meters above sea level in a very mountainous area. It is usually cold between the months of November to February but it is one of the places with the most beautiful views that take your breath away.

Your group will be met at the airport by the Courts for Kids Guatemala Country Director, Peter Rivera Jerez, who is Guatemalan and will work closely with the community to plan all aspects of your visit. We will be staying in a community building sleeping on mattresses on the floor. We will work side-by-side with the locals and although it will be challenging there are jobs for everyone of every physical capacity. During the whole trip we will be fully immersed in the local culture eating authentic food, learning local traditions, customs, and way of life. It is important to note that this court will be built with the community not for the community. The community members are very motivated to make their court a reality and from the beginning, they have been the driving factor planning this project to see it come to fruition.



\*More specific lodging, packing, and trip logistics will be provided as the departure date gets closer.

\*\*Please note, the destination community is subject to change at the discretion of Courts for Kids in order to best meet the needs and safety of the volunteer group as well as the needs of the host community.

# Trip Safety

Courts for Kids makes your safety our number one priority. Being in a safe, tight knit community with strong awareness and ownership of the project will provide local people who will be personally invested in the safety of the team. Courts for Kids also has safety protocols in place that include, but are not limited to:

- A **Courts for Kids representative will lead the group** while in the destination country.
- We always contract **private transportation** to pick up and return the group to the in-country airport.
- We have a **strict behavior and conduct policy** for all trip participants which promotes the safety and security of the group. All participants are required to attend a **mandatory training**.
- We have **secure transportation** available to medical facilities in the case of any injuries.
- We will have a **first aid kit** with the group at all times.
- We only drink **clean, potable water**.
- We work with community cooks to adhere to our **Safe Cooking Practices**.
- We monitor the **US State Department** travel warnings and make travel adjustments as deemed necessary.
- We do not allow cell phones**; we require all volunteers (except staff/chaperones) to be disconnected for the entirety of the time spent in the community.
- Insurance coverage** for all trip participants that includes evacuation with a medical escort in a worst case situation. Policy details can be provided upon request.
- Courts for Kids may conduct a **behavioral background check** through a student's school and reserves the right to refuse a participant based on the information we receive.

Safety is a team effort and every trip participant is responsible for their behavior, must use common sense while traveling, and comply with Courts for Kids representatives and trip leaders at all times.

# Funding Responsibilities

**Everyone in your group will contribute to the total project costs.  
Each participant will be required to fundraise/donate this amount:**

**\$600**

**100% of all donations are fully tax deductible**

**All funds raised are applied to court construction costs and the following group expenses:**

- Round trip airfare (award points cannot be used)
- In-country costs (food, water, lodging, and transportation)
- Entrance/exit fees
- Emergency medical insurance
- Special activities
- Court construction costs (in addition to your giving, the host community also contributes making this court a reality).

**Does not include:** passport, immunizations, travel to and from the US airport, food or incidental costs on layovers and delays, or spending money for souvenirs.

*\*All donations are non-refundable (unless the entire project is canceled by Courts for Kids, funds will be refunded less non-recoverable costs). If you raise/donate more than the above amount, you can choose to apply the excess to passport or immunization costs (must submit receipts), the court construction costs, sports equipment, toward the balance of another trip participant or towards Courts for Kids in*

# Trip Checklist

- 1. Registration:** The application process is facilitated by University of Washington. Once approved, you will register online at [www.courtsforkids.org](http://www.courtsforkids.org) (detailed instructions to be provided later).
- 2. Passport:** Make sure you have a passport that will not expire before **December 7, 2024**. If you need a passport, go to the nearest post office for assistance. **In order to avoid the headache and stress, make sure you get your passport on time, do it ASAP.**
- 3. Fundraising deadlines:**
  - \$600 by April 10, 2024
- 3. Vaccinations:** The recommended vaccinations for travel to Guatemala according to the Center for Disease Control are the following (**keep in mind these are recommended, not required. Check with your local doctor and make the decision best for you**):
  - Routine (DPT, MMR, Polio, Chickenpox, Flu, Shingles)
  - COVID-19
  - Hepatitis A and B
  - Typhoid
  - Rabies
4. Students and parents must attend a **mandatory Courts for Kids pre-trip training, dates TBD, in the spring.**

## Flight Itinerary

### Aeromexico Flight Itinerary\*

(Award points cannot be used)

Date	Fl. #	Airport	Dep.	Airport	Arrival
July 7	495	SeaTac	9:30am	Mexico City	4:20pm
July 7	670	Mexico City	8:00pm	Guatemala City	10:20pm
July 16	671	Guatemala City	8:01am	Mexico City	10:20am
July 16	494	Mexico City	3:30pm	SeTac	8:00pm

\*Flights and carrier are subject to change

# Fundraising Help

## Online Appeal

• **Personal Fundraising Page:** Upon registration, you will receive a personal fundraising page and an email with instructions on how to customize it. Come up with a list of friends and family members to send it to. Once somebody donates, it will show up immediately in your registration page.

### •Facebook/Instagram Fundraisers:

- Anyone can create a fundraiser on Facebook or Instagram, including your family members; however, fundraisers must follow the rules outlined below. When fundraisers are created correctly, Courts for Kids will directly receive the funds you raise and we will credit 100% of the donations towards your trip fundraising responsibilities.

### Rules for Fundraising on Facebook and Instagram

Fundraiser 'titles' (on Facebook) and the text of 'donation stickers' (on Instagram) **MUST** include the trip participant's first and last name or donations received through this fundraiser will **NOT** be able to be credited to your trip costs.

Examples:

•**ACCEPTABLE:** *'John Smith's summer Xavier HS trip to Nicaragua fundraiser'* - Created by John Grandmother

•**NOT ACCEPTABLE:** *'Fundraiser for my summer Xavier trip to Nicaragua'* - created by John Smith

Fundraisers must be created for Courts for Kids, not for yourself. When creating a fundraiser, choose Courts for Kids under the 'Nonprofit' section, do not choose the option to raise money for 'Yourself' or 'For a Friend.'

## Support Letters

- Come up with a list of friends and family members who might support you on this trip. Don't rule people out too quickly. You will be very surprised at who will support you. Get their addresses.
- Type up a support letter for people to make a tax-deductible donation on your behalf (use the sample on the next page for an idea).
- Send the letter, pledge card and a return-addressed envelope (to your house) to everyone on your list.  
**IMPORTANT- Get this letter out ASAP to make sure you get your support raised in time.**
- Make sure people give you checks made out to Courts for Kids. When you receive a check, make sure and send them a thank you card. Next send the check **and the response card** to Courts for Kids.

## Other ideas

- If applicable, see if your home church, service club, or other organization will sponsor you.
- Do a game night, movie night, adult prom, Zumba-thon, Bunco party or another fun event and sell tickets.
- Solicit donations you can sell in a garage sale, silent auction, online auction, or raffle.
- Make a craft, shirt, or food item that you can sell.
- Some companies have donation matching programs and will match donations employees make to nonprofits such as Courts for Kids. You can check if a company has a donation matching program here:  
<http://www.matchinggifts.com/search/rit>
- Be creative, go online— there are many fundraising ideas out there!



**(IT IS BEST TO REWRITE THIS LETTER ADDING YOUR OWN WORDS TO GIVE IT A PERSONAL TOUCH. USE THE FOLLOWING AS A GUIDE)**

Today's Date

Dear *(personalize it by adding their name here),*

I am excited to share with you about an upcoming service project in *{insert country}* this upcoming *{month of trip}* through Courts for Kids. I need to raise *{amount needed to raise}* in order to participate so I am asking friends and family members to consider helping out with a tax-deductible contribution.

We will travel to *{insert country}* and make our way to *{insert a couple sentences of community information from the site details page of the packet}*. This community applied to Courts for Kids for assistance in building a multi-use athletic court, which is where I come in. I want to help make this vision a reality for the community but need some help. I am raising money not only for travel costs but also for construction materials, as well.

Our primary project will be to build this court, but we will also take part in other service and cultural learning activities as well. Our primary purpose for going is to serve the local community, but also to grow and learn as we get out of our comfort zone. We will be staying in relatively primitive conditions within the community and will be eating the local food the entire time. This is definitely not a touristy trip, but I am excited for the change I am sure will happen in my life and the impact we can have.

*{If you have the space, enter a personal story of why this trip is significant for you}*

Would you consider supporting me as well as the local community in this project? I need to raise *{amount needed to raise}* for this trip to be possible. If you are interested, please make a check out to **Courts for Kids** and return it in the enclosed envelope. Could you please return this envelope as soon as possible in order to make sure I hand everything in with enough time to spare? Your donation is **tax-deductible** and **100%** of what you give will go directly to this trip.

Sincerely,

*{Your signature and name}*

## Contact Information

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