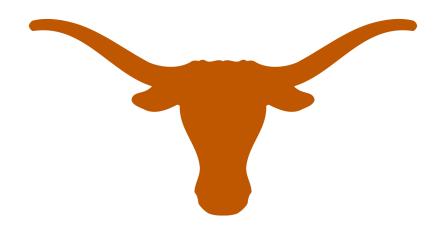


# Trip Information Packet Dominican Republic University of Texas Athletics July 6-14, 2024







Welcome to Courts for Kids. Most likely, this is your first trip with our organization and we are confident that this trip will impact you in ways you cannot even imagine. We work closely with our incountry partner to make sure your basic needs are met, so we can all focus on the task at hand, creating a multi-purpose sports court with the initiative, help and support of the community.

A sports court is a great project because it requires the help of many community members, provides plenty of work for everyone, and becomes an asset that provides not only safe places for children to play, but also various other benefits. The hard work of our team will be a great bridge between us and the community and we will develop a mutual respect that will help provide inroads into a rich cross-cultural experience and first-hand insight into a developing world community.

We are looking for great cultural ambassadors, so please only sign up for this trip if you are willing to step outside of your comfort zone. You will need to work hard, you will be eating different foods, sleeping and bathing in less comfortable environments. But, as they say, if you want to live like you're in America, why leave?

Most importantly, we ask that you enter into this with a great sense of humility. We want you to be eager to learn and grow in this process as we are entering into a different culture with different values and norms. We want you be quick to listen and slow to speak.

We will not be giving you a detailed itinerary as things are very prone to change with this sort of construction project. But your time will be spent working on the court, taking part in various cultural activities and, most importantly, connecting with the locals.

Please look through this informational packet and feel free to contact us with any questions you may have.

If you choose to go, I can almost guarantee you will look back on this trip as a life-changing experience. You will grow so much in a week it will make you wish you could stay longer. In fact, you will probably say this was the best week of your year.

Hope you can come!

Derek Nesland President Courts for Kids

#### **Community Information**



You will be traveling to El Laurel, a small town of approximately 350 homes in the Monte Plata area of the Dominican Republic, north of Santo Domingo. It is quite small, but full of hard-working people. There is a primary school, but not a secondary school, meaning those students have to go more than 2 km to go to secondary school. There are three churches, but not many other institutions within the community.

El Laurel was founded during the Trujillo era in the 1960's. People from La Guía and El Proyecto arrived into the area. The first settlers occupied the

land and donated land for the Catholic Church. In front of that Church is a large Laurel tree grew; hence the name El Laurel.



There are no courts or fields here. Children have nowhere to play safely. At school there is a space with a volleyball net where many children play, but there is no concrete, only dirt and it is very difficult, and it is not safe for them to play there, especially in the rainy sesason.

Your group will be met at the airport by the Courts for Kids DR Country Director who has been working closely with the community to plan all aspects of your visit. You

will be staying at a church sleeping on mattresses on the floor. The court will also be built nearby and will be used by the entire community. You will work side-by-side with the locals and although it will be challenging there are jobs for everyone of every physical capacity. During the whole trip you will be fully immersed in the local culture eating authentic food, learning local traditions, customs, and way of life. It is important to note that this court will be built <u>with</u> the community not <u>for</u> the



community. The community members are very motivated to make their court a reality and from the beginning, they have been the driving factor planning this project to see it come to fruition.

\*More specific lodging, packing, and trip logistics will be provided as the departure date gets closer. \*\*Please note, the destination community is subject to change at the discretion of Courts for Kids in order to best meet the needs and safety of the volunteer group as well as the needs of the host community.

### **Trip Safety**

Courts for Kids makes your safety our number one priority. Being in a safe, tight knit community with strong awareness and ownership of the project will provide local people who will be personally invested in the safety of the team. Courts for Kids also has safety protocols in place that include, but are not limited to:

•A Courts for Kids representative will lead the group while in the destination country.

•We always contract private transportation to pick up and return the group to the in-country airport.

•We have a strict behavior and conduct policy for all trip participants which promotes the safety and security of the group. All participants are required to attend a mandatory training.

•We have secure transportation available to medical facilities in the case of any injuries.

- •We will have a **first aid kit** with the group at all times.
- •We only drink clean, potable water.
- •We work with community cooks to adhere to our Safe Cooking Practices.
- •We monitor the US State Department travel warnings and make travel adjustments as deemed necessary.
- •We do not allow cell phones; we require all volunteers (except staff/chaperones) to be disconnected for the entirety of the time spent in the community.
- •Insurance coverage for all trip participants that includes evacuation with a medical escort in a worst case situation. Policy details can be provided upon request.

•Courts for Kids may conduct a **behavioral background check** through a student's school and reserves the right to refuse a participant based on the information we receive.

Safety is a team effort and every trip participant is responsible for their behavior, must use common sense while traveling, and comply with Courts for Kids representatives and trip leaders at all times.

#### **Flight Itinerary**

#### **American Flight Itinerary\***

(Award points cannot be used)

Date	Fl. #	Airport	Dep.	Airport	Arrival
July 6	812	Austin	10:55am	Miami	2:50pm
July 6	1574	Miami	3:35pm	Santo Domingo	5:56pm
July 14	1026	Santo Domingo	8:02am	Miami	10:25pm
July 14	2629	Miami	7:30pm	Austin	9:33pm

You are eligible for frequent flier miles on American. To enroll go to www.aa.com \*Flights and carrier are subject to change

## **Trip Checklist**

1. **Registration**: The application process is facilitated by UT. Once approved, you will register online at www.courtsforkids.org (detailed instructions to be provided later).

2. Passport: Make sure you have a passport that will not expire before January 6, 2025. If you need a passport, go to the nearest post office for assistance. In order to avoid the headache and stress, make sure you get your passport on time, do it ASAP.

3. Vaccinations: The recommended vaccinations for travel to The Dominican Republic according to the Center for Disease Control are the following (keep in mind these are recommended, not required. Check with your local doctor and make the decision best for you):

a. Routine (DPT, MMR, Polio, Chickenpox, Flu, Shingles)

- b. <u>COVID-19</u>
- c. Hepatitis A and B
- d.<u>Typhoid</u>

4. Attend **mandatory** Courts for Kids pre-trip training, dates to be announced. At this meeting, you will go through the Courts for Kids training, receive a packing list and detail packet with more specific information.

Questions?

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